The PIPAH Study

The Prospective Investigation of Pesticide Applicators' Health Study



GENERAL QUESTIONNAIRE

The Prospective Investigation of Pesticide Applicators' Health is a research study of the health of men and women who apply pesticides as part of their work activity. The research is carried out by HSE's Health & Safety Laboratory (HSL, Buxton)

All information provided will be treated as strictly confidential, and will only be used for medical research.

Please read the accompanying information leaflet and complete the consent form before filling in this questionnaire. If you have any questions, please ring the freephone number **0800 093 4809** or email **PIPAH@hsl.gsi.gov.uk**.

INSTRUCTIONS FOR COMPLETING THE QUESTIONNAIRE

| Please answer each | n question like this | , making sure tha | at you write inside th | ne boxes using black ink: |
|--------------------|----------------------|-------------------|------------------------|---------------------------|
| | | | | |

 Please cross the box of your choice, for example:
 Male
 Female

 Or, write in the boxes, for example:

 Your date of birth
 Day
 1
 8
 Month
 0
 3
 Year
 1
 9
 6
 0

Please note if you make a mistake please block fill the box that is not applicable and put a cross in the correct box, for example:

Yes 🗙 No

PLEASE USE BLACK INK AND BLOCK CAPITALS THROUGHOUT THE QUESTIONNAIRE.

Alternatively, if you would like to complete the questionnaire online, please go to **www.snapsurveys.com/pipah** and enter your unique study ID number and password when asked. This link takes you to a secure website, where your data will be kept strictly confidential in accordance with the Data Protection Act (1998).

Study ID Number

Online Password

SECTION 1

About you

| 1. Are you? (please cross one) | 4. How tall are you? |
|--------------------------------|---|
| Male Female | feet inches or cm |
| 2. What is your date of birth? | 5. How much do you weigh? |
| Day Month Year | stones pounds or kg |
| 3. What is today's date? | 6. Do you have any children? (include living, deceased, stepchildren and adopted children) (please cross one) |
| Day Month Year | Yes No |

SECTION 2

Your work history

7. Please describe all of the paid jobs you have had which lasted more than 6 months, beginning with your current or most recent job. (please remember to use block capitals when you complete this section)

| | Job title | Industry | Location and postcode district of company, business or farm | Main activity of the company or organisation you worked for | Start month and year <i>M M Y Y</i> | and איץ א | End or current month and year (if applicable) <i>M M Y Y</i> | ent month applicable YYY |
|------------|------------|-------------|---|--|---|--------------------------------------|--|--------------------------------|
| | Examples | | | | Please write the dates in MM-YY format, for example, November 1985 is written 11-85, and February 2010 is written 02-10 | rite the dati vember 15 Februa | Please write the dates in MM-YY format, for mple, November 1985 is written 11-85, and February 2010 is written 02-10 | / format, / 11-85, a |
| 5 | CONSULTANT | AGRICULTURE | SHREWSBURY SY5 | PROVIDING ADVICE | | - م | - - | 0 - |
| | | | | | = | n - | - | |
| 2 | FARMER | AGRICULTURE | SHREWSBURY SY5 | GROWING CEREAL AND FODDER CROPS; REARING BEEF CATTLE | - | | | م ۲ |
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| | | | | Sprays applied around farm |
|--|---------------|--------|-----------------------------------|--|
| SECTION 3 | Your wor | rk wit | h pesticides | yards or gardens |
| Please note that for the p | | his qu | estionnaire, | Other (please specify) |
| the term "pesticide" includes:plant protection products, for example herbicides, plant growth | | | idos plant growth | Or cross this box if you have never worked with pesticides, |
| regulators, fungicides, and | insecticides; | ., | | (if never, please go to question 65) |
| biocides used for pest con repellents used in livestock | | | | Your work with herbicides |
| • veterinary medicines used | against ecto | | | |
| sheep dips and similar pro | | | | 9. Have you ever mixed or applied herbicides? (please cross on |
| Please indicate your n and past (please cross | | | cide work, current | Yes No (if no, please go to question 17) |
| | | , , | Total number of | 10. In an average year, when you applied herbicides, how man days did you use them? (please cross one) |
| | Current | Past | years worked in this area of work | Less than 5 days 40-59 days |
| Cereals (wheat, barley, | | | | |
| oats, rye etc) Oilseeds (oilseed rape, | _ | _ | | 10-19 days More than 150 days |
| linseed) | | | | 20-39 days |
| Potatoes | | | | 11. When did you personally first use herbicides? (please cross of |
| Sugar beet | | | | Before 1960 In the 1990s |
| Grassland and/or fodder | | | | In the 1960s |
| crops | | | | In the 1970s In the 2010s |
| Other arable crops | | | | In the 1980s |
| Норѕ | | | | 12. How many years did you apply herbicides? (please cross one) |
| Orchard crops <i>(apples,</i> | | | | 1 year or less 11-20 years 2-5 years More than 20 years |
| pears, plums etc) | | | | 6-10 years |
| Soft fruit (<i>strawberries, currants etc</i>) | | | | 13. When applying herbicides, did you usually use personal |
| Outdoor vegetables | | | | protective equipment? (please cross one) |
| Mushrooms | | | | Yes No |
| Protected edible crops | | | | 14. Have you personally handled herbicide concentrate? (please cross one) |
| Protected ornamental | | _ | | Yes, often No, only dilute herbicides |
| crops | | | | Yes, sometimes |
| Hardy nursery stock | | | | 15. What application method did you usually use when you applied herbicides? (please cross all that apply) |
| Outdoor ornamental flowers and bulbs | | | | Boom sprayer Aerial (aircraft) application |
| Golf courses, bowling | | | | Granule spreader |
| greens, sports grounds Amenity weed control: | | | | Other hand held sprayer Weed wiper |
| roads, pavements etc | | | | Other <i>(please specify)</i> 16. Did you usually repair or maintain your own application of |
| Forestry | | | | mixing equipment? (please cross one) |
| Aquatic | | | | Yes No |
| Pest control (rural) | | | | If yes, did this involve: (please cross all that apply) |
| Pest control (urban) | | | | unblocking a nozzle |
| Poultry/ Livestock/ Animal house area | | | | More substantial repairs/maintenance tasks |
| Grain stores | | | | |
| | | | | Version 4.3.3 – October 2017 |

| Your work with plant | growth regulators | Your work with fungici | ides |
|--|--|---|---|
| 17 Have you ever mixed o | or applied plant growth regulators? | 25. Have you ever mixed or a | applied fungicides?(please cross one) |
| (please cross one) | n applied plant growth regulators: | | f no, please go to question 33) |
| Yes No | (if no, please go to question 25) | | |
| | n you applied plant growth lays did you use them? (please cross one) | days did you use them? (p | |
| Less than 5 days | 40-59 days | Less than 5 days | 40-59 days |
| 5-9 days | 60-150 days | 5-9 days | 60-150 days |
| 10-19 days | More than 150 days | 10-19 days | More than 150 days |
| 20-39 days | | 20-39 days | |
| | lly first use plant growth regulators? | 27. When did you personally Before 1960 | first use fungicides? (please cross or In the 1990s |
| Before 1960 | In the 1990s | In the 1960s | In the 2000s |
| In the 1960s | In the 2000s | In the 1970s | In the 2010s |
| $\square In the 1970s$ | In the 2000s | In the 1980s | |
| $\square In the 1980s$ | | | ou apply fungicides? (please cross o |
| | an analysis last months in the second | | |
| 20. How many years did yo (please cross one) | ou apply plant growth regulators? | 1 year or less | 11-20 years |
| 1 year or less | 11-20 years | 2-5 years | More than 20 years |
| 2-5 years | More than 20 years | 6-10 years | |
| 6-10 years | | 29. When applying fungicid protective equipment? (| les, did you usually use personal |
| 1. When applying plant g | prowth regulators, did you usually use uipment? (please cross one) | Yes | No |
| Yes | No | 30. Have you personally han (please cross one) | dled fungicide concentrate? |
| | | | |
| concentrate? (please cro. | ndled plant growth regulator uss one) | Yes, often | |
| Yes, often | | Yes, sometimes | dec |
| Yes, sometimes | | | |
| No, only dilute plant | growth regulators | 31. What application metho applied fungicide? (pleas | od did you usually use when you se cross all that apply) |
| | hod did you usually use when you regulators? (please cross all that apply) | Broadcast air assisted | sprayer |
| | | Boom sprayer | |
| Broadcast air assisted | d sprayer | Aerial (aircraft) applica | ation |
| Boom sprayer | | Knapsack sprayer | |
| Knapsack sprayer | | Other hand held spray | |
| Other (please specify) | | Non hand held mist a | ••• |
| Did you usually repair of or mixing equipment? | or maintain your own application | Hand held mist applic | |
| | · | Seed treatment equip | ment |
| Yes | No | Other (please specify) | |
| | : (please cross all that apply) s/maintenance, such as changing or | 32. Did you usually repair on or mixing equipment? (p | r maintain your own application please cross one) |
| unblocking a nozzle | | Yes | No |
| More substantial rep | airs/maintenance tasks | If yes, did this involve: (| (please cross all that apply) |
| | | | maintenance, such as changing or |
| | | More substantial repa | irs/maintenance tasks |
| | | Version 4.3.3 – October 2017 | |

| Your work with insecticides | | | | our work with p ouse area inse | | estock, or animal |
|---|---|---------------------------------------|-----|--|-----------------|--|
| 33. Have you ever mixed or applied insecticides? (please cross one) | | | | Have you ever mix house area insect | | d poultry, livestock, or animal |
| Yes No (if no, please go to question 41) | | | | Yes [| | lease go to question 49) |
| 34. | In an average year, when you a how many days did you use the | | | In an average yea | ar, when you a | pplied these insecticides, |
| | Less than 5 days | 40-59 days | | how many days d | lid you use the | em? (please cross one) |
| | 5-9 days | 60-150 days | | Less than 5 da | ays | 40-59 days |
| | 10-19 days | More than 150 days | | 5-9 days | | 60-150 days |
| | 20-39 days | | | 10-19 days | | More than 150 days |
| 35. | When did you personally first (please cross one) | use these insecticides? | | | | t use these insecticides? |
| | Before 1960 | In the 1990s | | (please cross one) | | |
| | In the 1960s | In the 2000s | | Before 1960 | | In the 1990s |
| | In the 1970s | In the 2010s | | In the 1960s | | In the 2000s |
| | In the 1980s | | | In the 1970s | | In the 2010s |
| 36. | How many years did you apply th | nese insecticides? (please cross one) | | In the 1980s | | |
| | 1 year or less | 11-20 years | 44. | How many years (please cross one) | s did you app | ly these insecticides? |
| | 2-5 years | More than 20 years | | 1 year or less | | 11-20 years |
| | 6-10 years | | | 2-5 years | | More than 20 years |
| 37. | When applying these insecticity personal protective equipment | | | 6-10 years | | |
| | Yes | No | 45. | | | ides, did you usually use nt? (please cross one) |
| 38. | Have you personally handled c insecticides? (please cross one) | oncentrate of these | | Yes | | No |
| | Yes, often | | 46. | | ally handled o | oncentrate of these |
| | Yes, sometimes | | | insecticides? (please cross one) | | |
| | No, only dilute insecticides | | | Yes, often | | |
| 20 | What application method did | | | Yes, sometime | 25 | |
| 39. | applied these insecticides? (ple | | | No, only dilute | | |
| | Broadcast air assisted spraye | r | 47 | | | |
| | Boom sprayer | | | | | l you usually use when you ease cross all that apply) |
| | Aerial (aircraft) application | | | Ear tag | | Fog/ mist animals |
| | Granule spreader | | | Powder/dust a | animals | Oral dose products |
| | Knapsack sprayer | | | Plunge dips | | Injection |
| | Other hand held sprayer | | | Pour on produ | ucts | Hang pest strips |
| | Powder or dust applicator | | | | | in animal house |
| Non hand held mist applicator | | | | | spray boom/sh | owers |
| Hand held mist applicator/fogger | | | | Spray walls/lit | ter | |
| | Seed treatment equipment | | | Other <i>(please spec</i> | cify) | |
| | Other (please specify) | | 48. | Did you usually r or mixing equipr | | tain your own application |
| 40. | Did you usually repair or main or mixing equipment? (please of | | | Yes | | No |
| | Yes | No | | If yes, did this in | volve: (please | cross all that apply) |
| | If yes, did this involve: (please | cross all that apply) | | | | enance, such as changing or |
| | Light running repairs/mainte unblocking a nozzle | nance, such as changing or | | unblocking a | | intenance tasks |
| More substantial repairs/maintenance tasks | | | Ver | sion 4.3.3 – October | 2017 | 5 |

| Have you ever applied fumigants? (please cross one) Yes No (if no, please go to question 57) In an average year, when you applied fumigants, how many days did you use them? (please cross one) | 57. Have you ever mixed of (please cross one) | or applied wood preservatives? |
|---|---|--|
| I. In an average year, when you applied fumigants, | (please cross one) | |
| I. In an average year, when you applied fumigants, | | |
| | Yes N | lo (if no, please go to question 65) |
| | | hen you applied wood preservatives, ou use them? (please cross one) |
| Less than 5 days 40-59 days | Less than 5 days | 40-59 days |
| 5-9 days 60-150 days | 5-9 days | 60-150 days |
| 10-19 days More than 150 days | 10-19 days | More than 150 days |
| 20-39 days | 20-39 days | |
| . When did you personally first use fumigants? (please cross one) | | nally first use these wood preservative |
| Before 1960 In the 1990s | | |
| | Before 1960 | In the 1990s |
| In the 1970s In the 2010s | In the 1960s | In the 2000s |
| | In the 1970s | In the 2010s |
| . How many years did you apply fumigants? (please cross one) | In the 1980s | |
| 1 year or less 11-20 years | 60. How many years did (please cross one) | you apply wood preservatives? |
| 2-5 years More than 20 years | 1 year or less | 11-20 years |
| 6-10 years | 2-5 years | More than 20 years |
| B. When applying fumigants, did you usually use personal | 6-10 years | |
| protective equipment? (please cross one) | | d preservatives, did you usually use equipment? (please cross one) |
| L. Have you personally handled fumigant concentrate? | Yes | No |
| (please cross one) | | handled wood preservative concentrate |
| Yes, often | (please cross one) | landied wood preservative concentrate |
| Yes, sometimes | Yes, often | |
| Not applicable | Yes, sometimes | |
| . What application method did you usually use when you | No, only dilute woo | od preservatives |
| applied fumigants? (please cross all that apply) | 63. What application me | ethod did you usually use when you |
| Sealed unit pressure treatment | | rvatives? (please cross all that apply) |
| Gas canister | Brushing or spread | |
| Non hand held fogger Resin strips | Immersion | Hot & cold steeping in open tanks |
| Direct soil injection | Diffusion | Pressure impregnation |
| Hand held fogger | Double vacuum | |
| Other (please specify) | Other (please specify) | |
| | | |
| Did you usually repair or maintain your own application or mixing equipment? (please cross one) | or mixing equipment | ir or maintain your own application t? (please cross one) |
| Yes No | Yes | No |
| If yes, did this involve: (please cross all that apply) | If yes, did this involv | re: (please cross all that apply) |
| Light running repairs/maintenance, such as changing or unblocking a nozzle | Light running repa unblocking a nozz | irs/maintenance, such as changing or le |
| More substantial repairs/maintenance tasks | | epairs/maintenance tasks |

6

Your work with treated seed

Yes

- 65. Have you ever handled or planted treated seed? (please cross one)
 - No (if no, please go to question 72)

66. What was the seed treated with? (please cross one)

| Insecticide only | Both insecticide & fungicide |
|------------------|------------------------------|
| Fungicide only | Do not know |

67. In an average year, on how many days did you handle or plant treated seed? (please cross one)

| Less than 5 days | 40-59 days |
|------------------|--------------------|
| 5-9 days | 60-150 days |
| 10-19 days | More than 150 days |
| 20-39 days | |

| 20 | 55 | aays | |
|----|----|------|--|
| | | | |

68. When did you personally first handle or plant treated seed? (please cross one)

| Before 1960 | In the 1990s |
|--------------|--------------|
| In the 1960s | In the 2000s |
| In the 1970s | In the 2010s |
| In the 1980s | |

69. How many years have you handled or planted treated seed? (please cross one)

| 1 year or less | 11-20 years |
|----------------|--------------------|
| 2-5 years | More than 20 years |
| 6-10 years | |

70. How was the treated seed handled? (please cross all that apply)

| Less than 25 kg sacks | 50 kg sacks |
|------------------------------|------------------------------------|
| 25 kg sacks | In bulk (for example 1 tonne bags) |
| Other <i>(please state</i>) | |

71. Did you usually use personal protective equipment when you handled treated seed? (please cross one)

| | Yes | | No |
|--|-----|--|----|
|--|-----|--|----|

SECTION 4

Your general health

Vac Asia at dia sus asia

72. Has your doctor ever told you that you have any of the following? (please cross and give approximate age at diagnosis)

| Lungs and airways | Yes | Age at diagnosis |
|---|-----|------------------|
| Asthma | | |
| Chronic bronchitis | | |
| Chronic obstructive pulmonary disease (COPD) | | |
| Emphysema | | |
| Farmer's lung disease | | |
| Pleurisy | | |

| | Yes | Age at diagnosis |
|--|-----|------------------|
| Pneumonia (viral or bacteria) | | |
| Pulmonary fibrosis | | |
| Sarcoidosis | | |
| Tuberculosis | | |
| Other chest condition (please specify) | | |
| | | |

Nervous system

| Alzheimer's disease | |
|--|--|
| Anxiety | |
| Depression | |
| Depression requiring medication or shock therapy | |
| Epilepsy or seizures (not related to high fever) | |
| Motor neuron disease or Amyotrophic lateral sclerosis ALS) | |
| Multiple sclerosis | |
| Parkinson's disease | |
| Other neurological problem (related to muscles, nerves, or weakness) <i>(please specify)</i> | |
| | |

Heart and Blood Vessels

| Angina (chest pains) | |
|---|---|
| Arrhythmia (irregular heart beat) | |
| High blood pressure requiring medication | |
| Myocardial infarction (heart attack) | |
| Stroke | |
| Muscles and Skeleton | |
| Lupus or SLE | |
| Rheumatoid arthritis | |
| Scleroderma | |
| Work-related back, neck or shoulder injury | |
| | 7 |

| Eyes | Yes | Age at diagnosis |
|--|-----|------------------|
| Cataracts | | |
| Detached retina | | |
| Glaucoma | | |
| Retinal or macular degeneration | | |
| Skin | | |
| Acne | | |
| Eczema (or atopic dermatitis) | | |
| Shingles | | |
| Other skin problems (please specify) | | |
| | | |
| Diabetes and Thyroid Gland | | |
| Diabetes (not related to pregnancy) | | |
| Goitre | | |
| Thyrotoxicosis/Grave's disease (excess thyroid hormone) | | |
| Other thyroid diseases (please specify) | | |
| | | |
| | | |
| Kidneys | | |
| Chronic kidney infections or | | |
| | | |
| Chronic kidney infections or pyelonephritis Kidney failure requiring dialysis or | | |
| Chronic kidney infections or pyelonephritis Kidney failure requiring dialysis or transplant | | |
| Chronic kidney infections or pyelonephritis Kidney failure requiring dialysis or transplant Kidney stones | | |
| Chronic kidney infections or pyelonephritis Kidney failure requiring dialysis or transplant Kidney stones Nephritis, or nephrosis Other kidney disease | | |
| Chronic kidney infections or pyelonephritis Kidney failure requiring dialysis or transplant Kidney stones Nephritis, or nephrosis Other kidney disease | | |
| Chronic kidney infections or pyelonephritis Kidney failure requiring dialysis or transplant Kidney stones Nephritis, or nephrosis Other kidney disease (please specify) Liver Liver function problems | | |
| Chronic kidney infections or pyelonephritis Kidney failure requiring dialysis or transplant Kidney stones Nephritis, or nephrosis Other kidney disease (please specify) Liver | | |
| Chronic kidney infections or pyelonephritis Kidney failure requiring dialysis or transplant Kidney stones Nephritis, or nephrosis Other kidney disease (<i>please specify</i>) [| | |
| Chronic kidney infections or pyelonephritis Kidney failure requiring dialysis or transplant Kidney stones Nephritis, or nephrosis Other kidney disease (please specify) Liver Liver function problems | | |
| Chronic kidney infections or pyelonephritis Kidney failure requiring dialysis or transplant Kidney stones Nephritis, or nephrosis Other kidney disease (please specify) [| | |
| Chronic kidney infections or pyelonephritis Kidney failure requiring dialysis or transplant Kidney stones Nephritis, or nephrosis Other kidney disease (<i>please specify</i>) [| | |

| | Yes | Age at diagnosis |
|---|-----|------------------|
| Ulcerative colitis or Crohn's disease | | |
| Head injury requiring medical attention | | |
| njury from farm machinery requiring medical treatment (not including head injury) | | |

73. In the past 12 months, approximately how often have you experienced the following?

| | Never | Less than once a month | 1-3 times a month | Once a week | More than once a week |
|--|-------|---------------------------------|-------------------------|----------------|--------------------------------|
| Dizziness | | | | | |
| Feeling tense, anxious, or nervous | | | | | |
| Nausea/vomiting | | | | | |
| Feeling unusually tired, sleepy, or low energy most of the day | | | | | |
| Sweating a lot more than usual | | | | | |
| Difficulty seeing at night | | | | | |
| Being absent minded, forgetful, or confused | | | | | |
| Headache | | | | | |
| Loss of appetite | | | | | |
| Fast heart rate | | | | | |
| Difficulty with balance | | | | | |
| Blurred vision or double vision | | | | | |
| Difficulty concentrating | | | | | |
| Numbness or pins-and- needles in your hands or feet | | | | | |
| Momentary loss of consciousness | | | | | |
| Feeling excessively irritable or angry | | | | | |
| Shaking or trembling of your hands | | | | | |
| Difficulty falling asleep or staying asleep | | | | | |
| Difficulty speaking | | | | | |
| Weakness in your arms or legs | | | | | |
| Changes in your sense of smell or taste | | | | | |
| Feeling depressed, indifferent, or withdrawn without particular reason | | | | | |
| Twitches, jerks, or involuntary movements of your arms or legs | | | | | |

SECTION 5

Family medical history

74. Do or did any of your BLOOD relatives ever suffer from?

| | Your father | Your mother | Your brothers or sisters | Your children |
|--|----------------|----------------|--------------------------------|------------------|
| Heart attack before age 50 years | | | | |
| Stroke | | | | |
| Diabetes | | | | |
| Kidney failure | | | | |
| Asthma | | | | |
| Chronic bronchitis/emphysema | | | | |
| Alzheimer's disease/dementia | | | | |
| Parkinson's disease | | | | |
| Severe depression | | | | |
| Melanoma of skin | | | | |
| Other skin cancer | | | | |
| Lymphoma (Hodgkin's disease or non-Hodgkins lymphoma) | | | | |
| Leukaemia (blood cancer) | | | | |
| Brain cancer | | | | |
| Lung cancer | | | | |
| Stomach cancer | | | | |
| Bowel or colorectal cancer | | | | |
| Prostate cancer | | | | |
| Breast cancer | | | | |
| Other cancer | | | | |

SECTION 6

Your lifestyle

75. In a typical week, how many hours do you usually spend physically active and on how many days do you do these activities (include work and leisure activities)?

| | | Number of days a week you do these activities | Total number of hours a week |
|--|------------------|--|---------------------------------|
| Light activities for example slow walking, house cleaning, childcare) | Summer Winter | | |
| Moderate activities for example walking briskly, ordinary cycling, general gardening, water aerobics) | Summer Winter | | |
| Vigorous activities (Activities that make you sweat or breathe hard, such as running or jogging, fast cycling, heavy lifting, heavy housework) | Summer Winter | | |
| 6. On a typical day froi | m April to | the end of Se | eptember, how |

76. On a typical day from April to the end of September, how many hours do you spend outdoors between 9am and 4pm? (enter '0' if less than one)

| On a working day | hours a day | | | |
|---|-------------|--|--|--|
| On a weekend or day off | hours a day | | | |
| 77. How many days do you work in a typical week from April to September? (enter '0' if less than one) | | | | |
| Number of days worked | per week | | | |
| 78. If you are working in the sun do what type of sun protection do cross all that apply) | | | | |
| Sunscreen or sunblock | | | | |
| Wear a baseball-type cap | | | | |
| Wear another type of hat with a brim | | | | |
| Wear a long-sleeved shirt | | | | |
| Do not use any of the above | | | | |

Why are we asking these questions?

These questions on your family medical history, lifestyle, diet, smoking habits, alcohol intake and social circumstances are very important. This is because it is already known that these factors can affect your health. So before we can begin to investigate if pesticides have any long term health effects, we need to be able to adjust for these other factors during the analysis. 79. About how many times a week do you usually eat the following vegetables? (*enter '0' if none usually*)

Your diet

| broccoli |
|--|
| cauliflower |
| cabbages or sprouts |
| cooked tomatoes |
| bean curd foods <i>(eg soya, tofu)</i> |
| baked beans or pulses (eg lentils, chickpeas, etc) |

SECTION 7

| - | - |
|---|--|
| 80. About how many times a week do you usually eat the following fruits? (enter '0' if none usually; do not include fruit juice) | any poultry (chicken, turkey, etc) |
| an apple | any processed meat (eg bacon, ham, sausages, etc) |
| a banana | 87. How much tea a day do you usually drink? |
| a pear | cups a day |
| | - do you usually have your tea: (please cross one) |
| stewed fruit (except prunes) | very hot hot col |
| an orange/satsuma etc | - do you usually add: (please cross all that apply) milk sugar artificial sweetner |
| a stone fruit (eg plum, apricot, peach) | 88. How much coffee a day do you usually drink? |
| grapes, berries | cups a day |
| tinned fruit (except prunes) | - do you usually have your coffee: (please cross one) |
| dried fruit <i>(except prunes)</i> | very hot hot warm cool |
| 81. In total how many pieces of fresh fruit a week do you | - do you usually add: (please cross all that apply) |
| usually eat? (enter '0' if none usually) | milk sugar artificial sweetner |
| Number of pieces a week (count one apple, one banana, 10 grapes, 10 berries, etc as one piece) | 89. On average, how much milk a week do you drink? (including milk in cereal, cocoa, tea, coffee, cooking, etc) |
| 82. On average how many heaped tablespoons of salad or vegetables a week do you usually eat? ((enter '0' if | pints a week OR litres a week |
| none usually) | 90. What type of milk do you use most often? (please cross one) |
| raw tomatoes | 🗌 cow's milk 🔄 soya milk 🔄 other/none |
| green salad | 91. Does your diet vary much from week to week? (please cross one) |
| raw vegetables (except tomatoes and green salad) | Never or rarely Often |
| cooked vegetables (except potatoes) | Sometimes Do not know |
| 83. How much wholemeal bread a week do you eat? (enter '0' if none usually) | 92. Have you made any major changes to your diet in the last five years? (please cross one) |
| Slices, rolls etc of wholemeal bread a week | No Yes, because of illness |
| (not white or brown bread) | Yes, because of other reasons |
| 84. How many bowls of cereal a week do you eat? (enter '0' if none usually) | 93. In the past five years, did you (please cross all that apply) |
| All Bran | eat eggs or foods eat wheat products containing eggs |
| Branflakes or muesli | eat dairy products eat sugar or foods/ drinks containing sugar |
| wholewheat (eg Weetabix, shredded wheat) | SECTION 8 Tobacco and alcohol |
| other cereal (eg oats, rice crispies, cornflakes) | |
| 85. How much yoghurt a week do you eat? (number of small pots; enter '0' if none usually) | 94. Do you smoke tobacco? (please cross one) |
| dairy yoghurt or desserts | 95. Have you ever smoked as much as 1 cigarette per day, |
| soya yoghurt or desserts | or 1 cigar per week, or 1 oz of tobacco a month, for as long as a year? (please cross one) |
| 86. About how many times a week do you eat? | Yes No (if no, please go to question 97) |
| (enter '0' if none usually) any fish (fresh or tinned) | 96. How many cigarettes (or equivalent such as roll ups) do you (did you) smoke per day? |
| fresh tuna (not tinned) | per day |
| oily fish (eg salmon, trout, mackerel, sardines, | |
| pilchards, herring, kipper, eel and whitebait) | For how many years? |
| any meat or poultry (fresh or processed) | 10 Version 4.3.3 – October 2017 |
| | |

| 97. About how often do you currently drink alcohol? (please cross one) | 104. Do you own or rent your home? (please cross one) |
|--|--|
| 4 , | Own (or mortgaged) |
| Daily or almost daily One to three times a month | Rent |
| Three or four times a week Special occasions only | Other |
| Once or twice a week Do not drink alcohol now (<i>if none, please go to question 100</i>) | 105. How many people live in your household? |
| | Number of children under 16 years living in your household |
| 98. On average, on a day when you have something to drink, how much do you drink? (please enter number; enter '0' if less than one.) | Number of people aged 16 years or more (including you) |
| Beer, lager or cider, Interpretendent ordinary strength Interpretendent Interp | 106. Which of the following describes your current situation? (please cross one) |
| Beer, lager or cider, strong half pints | Working as an employee |
| Wine, medium size medium glasses (175 ml) | Self-employed or freelance |
| Wine, large size | Student |
| Fortified wine, eg sherry or port measures | Retired |
| | Looking after home and/or family |
| | Unable to work because of your sickness or disability |
| Spirits, standard size standard pub measures | Unemployed |
| Alcopops bottles (275 ml) | |
| 99. When you drink alcohol is it usually with meals? | 107. Have you ever lived on a farm? (please cross one) |
| (please cross one) | Yes No (if no, please go to question 112) |
| Yes No It varies | 108. How old were you when you first lived on a farm? |
| 100. In the past, about how often did you drink alcohol? (please cross one) | 109. Are you still living on a farm? (please cross one) |
| Daily or almost daily One to three times a month | |
| Three or four times a week Special occasions only | Yes No (if yes, please go to question 111) |
| Once or twice a week Do not drink alcohol | 110. How old were you when you stopped living on a farm? |
| | years old |
| SECTION 9 Your circumstances | 111. What type of farm was it? (please cross all that apply if you have lived on more than one type of farm) |
| 101. Are you? (please cross one) | |
| Never married/civil partnered | Crop production, including perennial & non-perennial crops |
| Married/Civil partnered | Mixed farming |
| Living together | |
| Widowed | 112. Over your lifetime, how many years have you lived or worked on a farm? (please cross one) |
| Divorced/Separated | Never lived or worked on a farm 11-20 years |
| Other | Less than 5 years 21-30 years |
| 102. How old were you when you finished full-time school, college or university? | 5-10 years More than 30 years |
| years old | 113. If you worked or lived on a farm (or farms), how many acres were grown on the farm(s) where you worked? (please cross all that apply) |
| 103. What is your highest level of qualification? (please cross one) | Less than 5 acres (<2 ha) |
| No formal qualifications | 5-49 acres (2-18 ha) |
| GCSE/O-level or equivalent | 50-199 acres (19-80 ha) |
| A-level or equivalent | 200-499 acres (81-201 ha) |
| Vocational qualification | 500-999 acres (202-404 ha) |
| First degree | More than 1000 acres (>404 ha) |
| | |
| Other | Version 4.3.3 – October 2017 |

114. Are there any comments you would like to make about this questionnaire?

Thank you for taking part in the study and for completing this questionnaire.

Please return the questionnaire in the envelope provided.

Contact details for the study team

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Before returning your completed questionnaire, please make sure that you have signed the consent form and filled in your contact details.